

Contact Information

If you live in the Eastern Metropolitan Region of Melbourne, contact **EDVOS** for more information about how we can support you:

Phone (03) 9259 4200
Fax (03) 9259 4299
Email edvos@edvos.org.au
Website edvos.org.au
Hours 9am-8pm Weekdays
9am-5pm Saturdays



In an **EMERGENCY** or after hours:

- Call **000** and ask for **Police** if in immediate danger
- Call **Safe Steps Family Violence Response Centre** on **1800 015 188** for state-wide family violence crisis accommodation support, available 24hrs/7 days
- Call **1800 RESPECT** on **1800 737 732** for family violence and sexual assault over the phone counselling, available 24hrs/7 days
- Tell someone you trust - family, friends, neighbours or your doctor

We are experienced in supporting people from diverse cultural backgrounds and can offer a free interpreter service.

We will support you

- You are not alone
- Help is available
- Someone else's choice to use violence is **NEVER** your fault
- It is your fundamental right to live free from violence



EDVOS acknowledges the Traditional Custodians of this land and recognise their continuing connection to land, water and community. EDVOS pay respect to Elders past, present and emerging.



EDVOS acknowledges people from the lesbian, gay, bisexual, trans and intersex (LGBTI) communities, their children, pets and other animals, who are responding to family violence in the community.

EDVOS respects all people who are responding to family violence, regardless of ethnicity, race, religion, sexual orientation, gender identity, age and ability.

EDVOS is a child-focused and child safe organisation.



EDVOS acknowledges funding from the Victorian Government.



Specialist Family Violence Counselling

 (03) 9259 4200

 edvos@edvos.org.au

 edvos.org.au  [@edvosFV](https://www.facebook.com/edvosFV)

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Support through counselling

The EDVOS Specialist Family Violence Counselling Program takes a holistic approach by focussing on the whole person and is guided by an individual's goals, priorities, circumstances and values.

Sessions are confidential and conducted in a safe, supportive environment.

We provide a service that includes one-to-one counselling over a course of therapy sessions or a single one-off session to focus on any immediate needs.

The EDVOS Specialist Family Violence Counselling Program can support all women, including women from the lesbian, gay, bi-sexual, trans and intersex (LGBTI) communities, responding to any form of family violence.

Family Violence Specialists

EDVOS Counsellors specialise in family violence work and have the skills and experience to meet the individual needs of women.

Counselling is informed by a number of therapeutic modalities including a strengths-based, solution-focused and trauma-informed framework.

The counselling process typically involves an initial assessment and development of goals and agreed interventions.

Women can access the EDVOS Counselling Program via a referral from an EDVOS Specialist Family Violence Advocate in our Assessment and Response team or Case Management team.

The EDVOS Counselling Program is FREE and available for up to a maximum of 12 sessions.

EDVOS can also provide information and referrals to a number of other suitable counselling services in the eastern metropolitan region.

For more information:

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Email: edvos@edvos.org.au

Or visit our website: edvos.org.au

